



feldenkrais4life

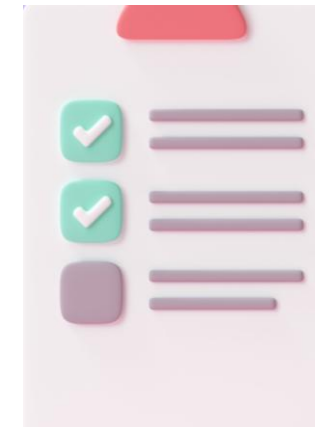
INTERNATIONAL SURVEY

# Understanding the Feldenkrais Practitioner Profile: A General Overview



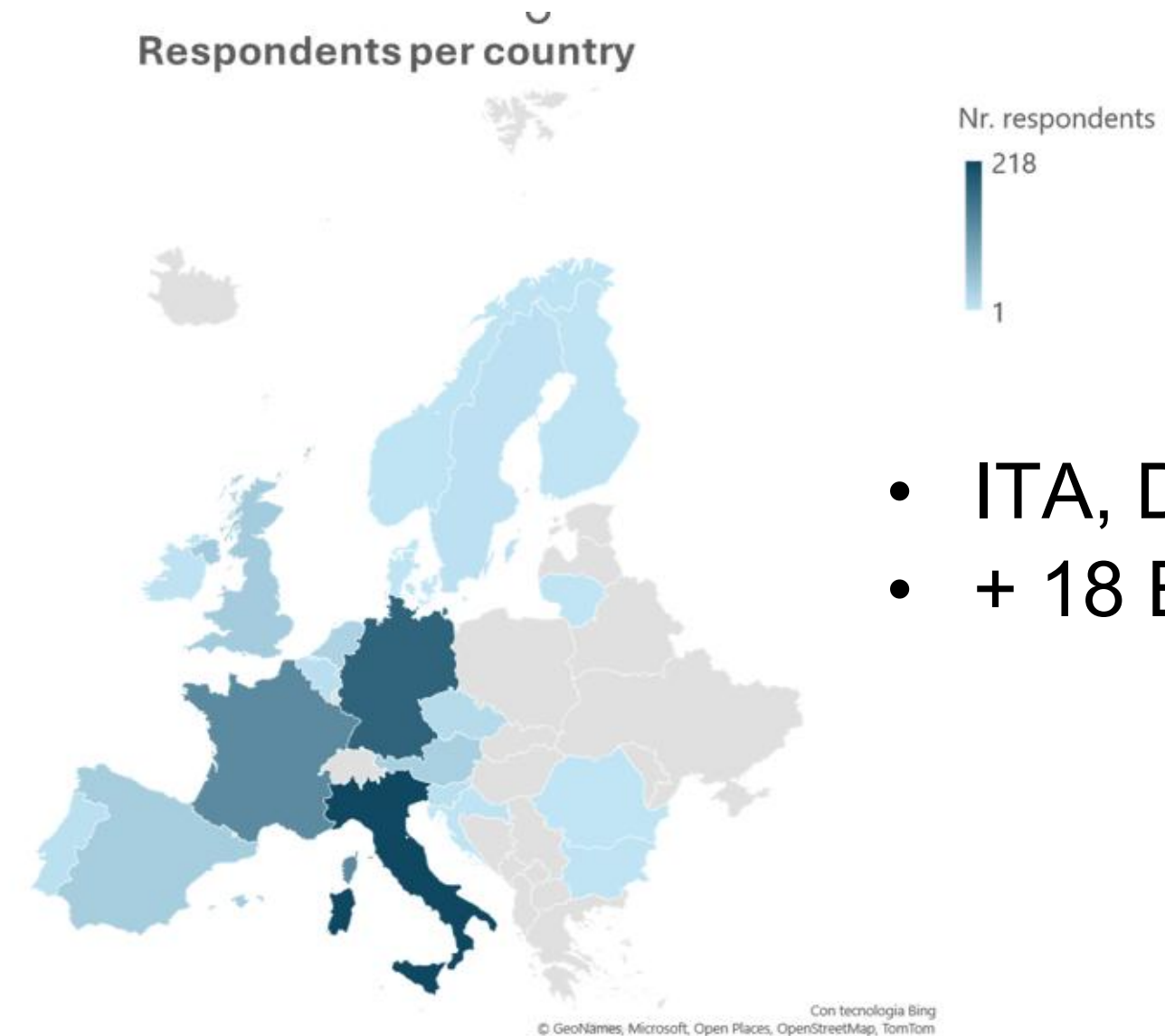
Co-funded by  
the European Union

# FELDENKRAIS PRACTITIONERS IN EUROPE



776 respondents

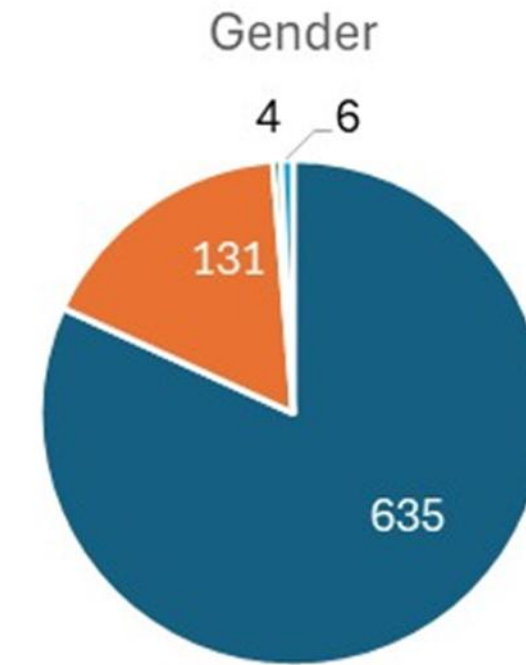
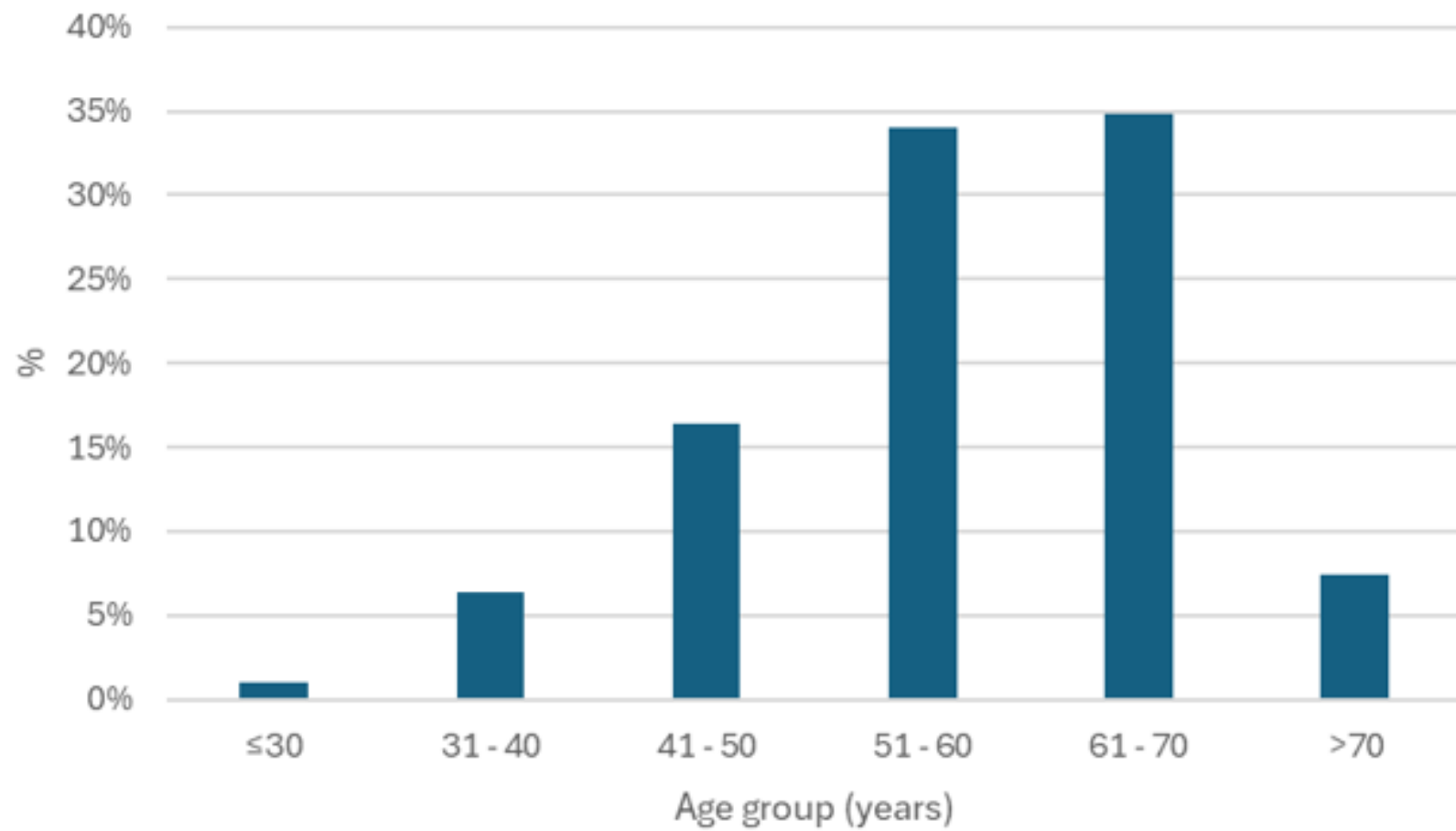
Respondents per country



- ITA, DE, FR
- + 18 EU countries

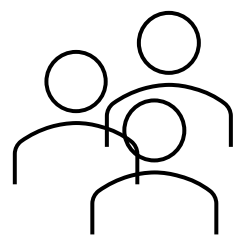
# WHO ARE THEY?

Age of Feldenkrais Teachers who responded



Gender

- Female
- Male
- Non-binary
- Prefer not to respond

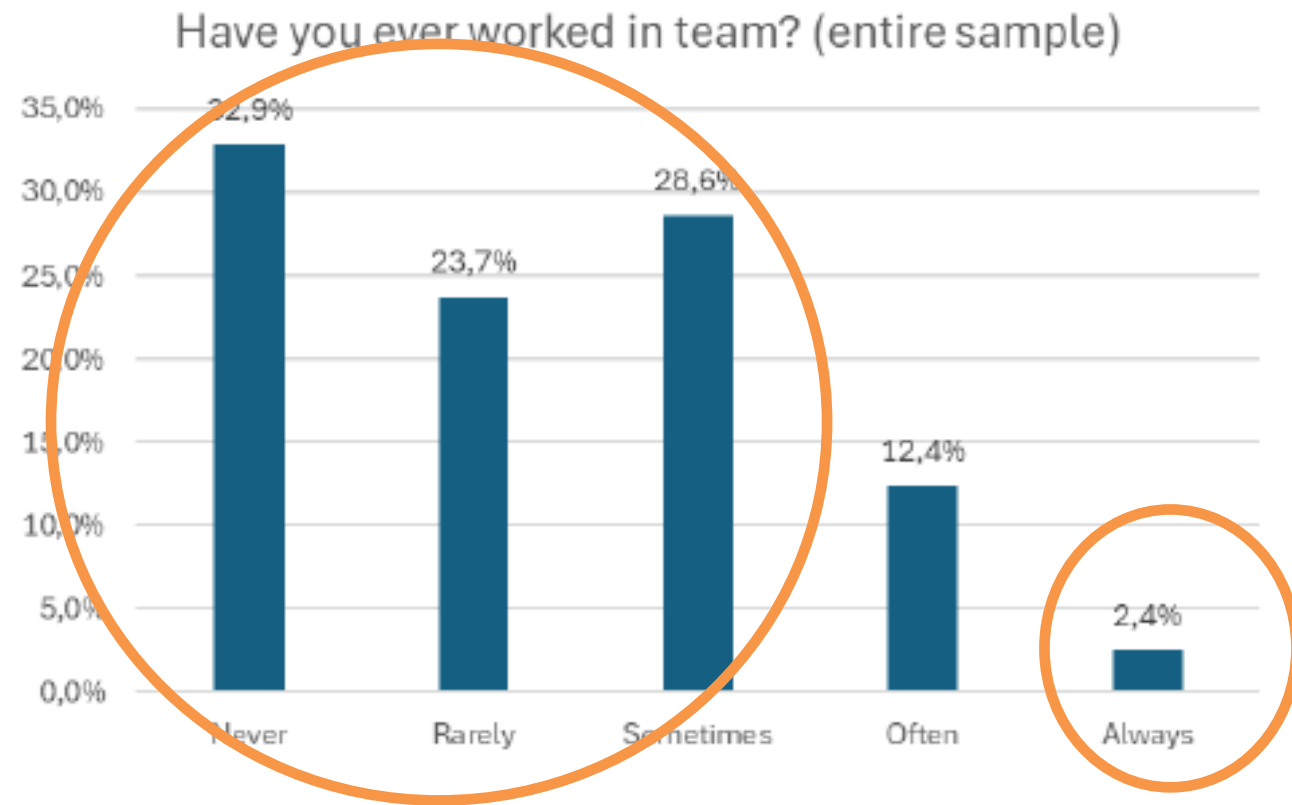


## Multiple Qualifications:

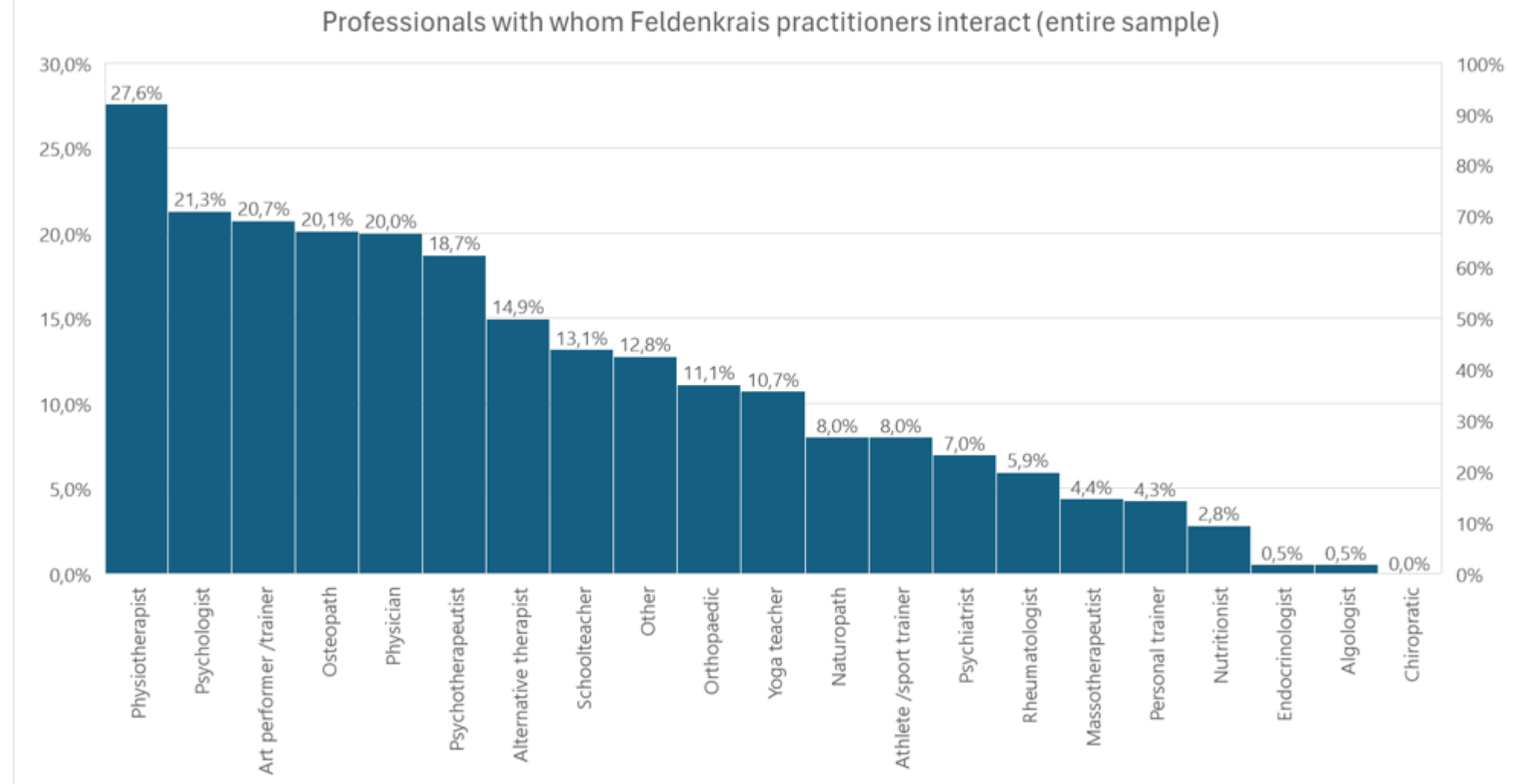
- 39% Education & Training
- 37% Healthcare
- 25% Performing Arts

- **Multiple Jobs** 59%
- **Feldenkrais As First Job** 18,7%
- **Self Employed** 70%

# HOW DO THEY WORK?



56,4% not accustomed to collaborating  
2-4% regularly in multidisciplinary teams



Physiotherapists	27.6%
Psychologists	21.3%
Osteopaths	20.1%
Psychotherapists	18.7%
Educational sector, teachers and coaches	20.7%

# HOW CONFIDENT ARE THEY IN THEIR SKILLS? (1/3)

## ENTREPRENEURIAL SKILLS

Based on EntreComp EU Framework



- Openness and ability to **seize opportunities**
- Less in **finding resources** and **turning ideas into concrete actions**
- Sufficiently confident in
  - **Financial Management**
  - **Engaging others**
- Open to **collaborations** and **learning from others**
- Insecurity remains in:
  - **Managing interdisciplinary collaborations**
  - **Dialogue with a specialised healthcare audience** such as physicians

# HOW CONFIDENT ARE THEY IN THEIR SKILLS? (2/3)



Co-funded by  
the European Union

## COLLABORATION WITHIN THE PROFESSIONAL ASSOCIATION

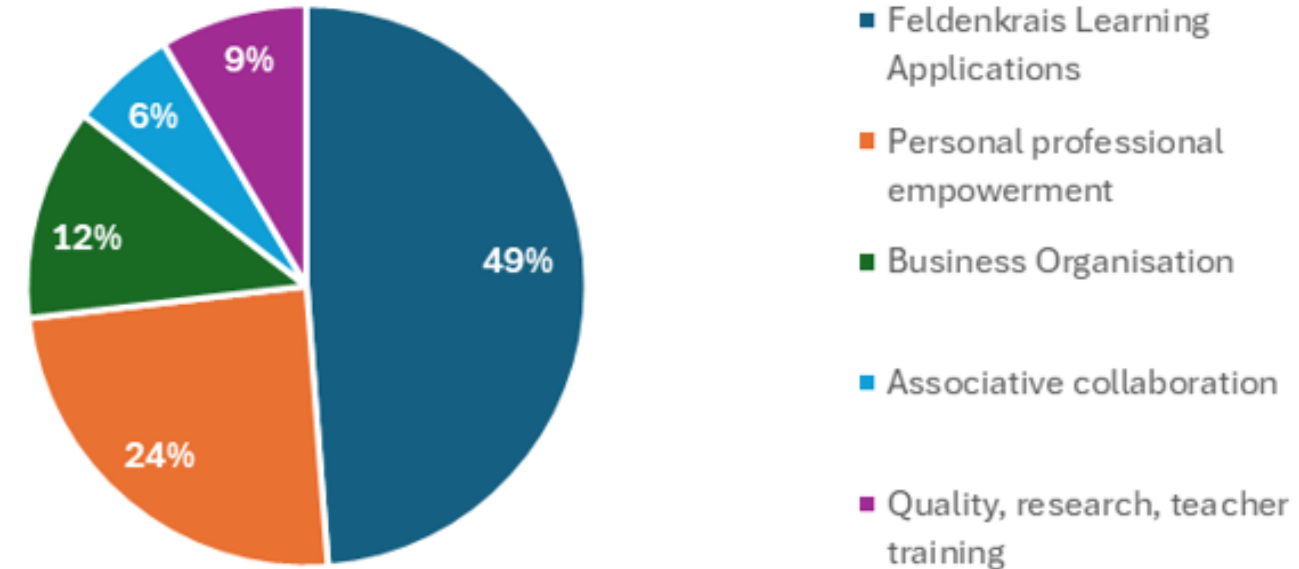
Based on Feldenkrais Competency Profile

### International Feldenkrais Federation



### Competency Profile

Time and effort devoted to each area of the  
Feldenkrais Competency profile (entire sample)

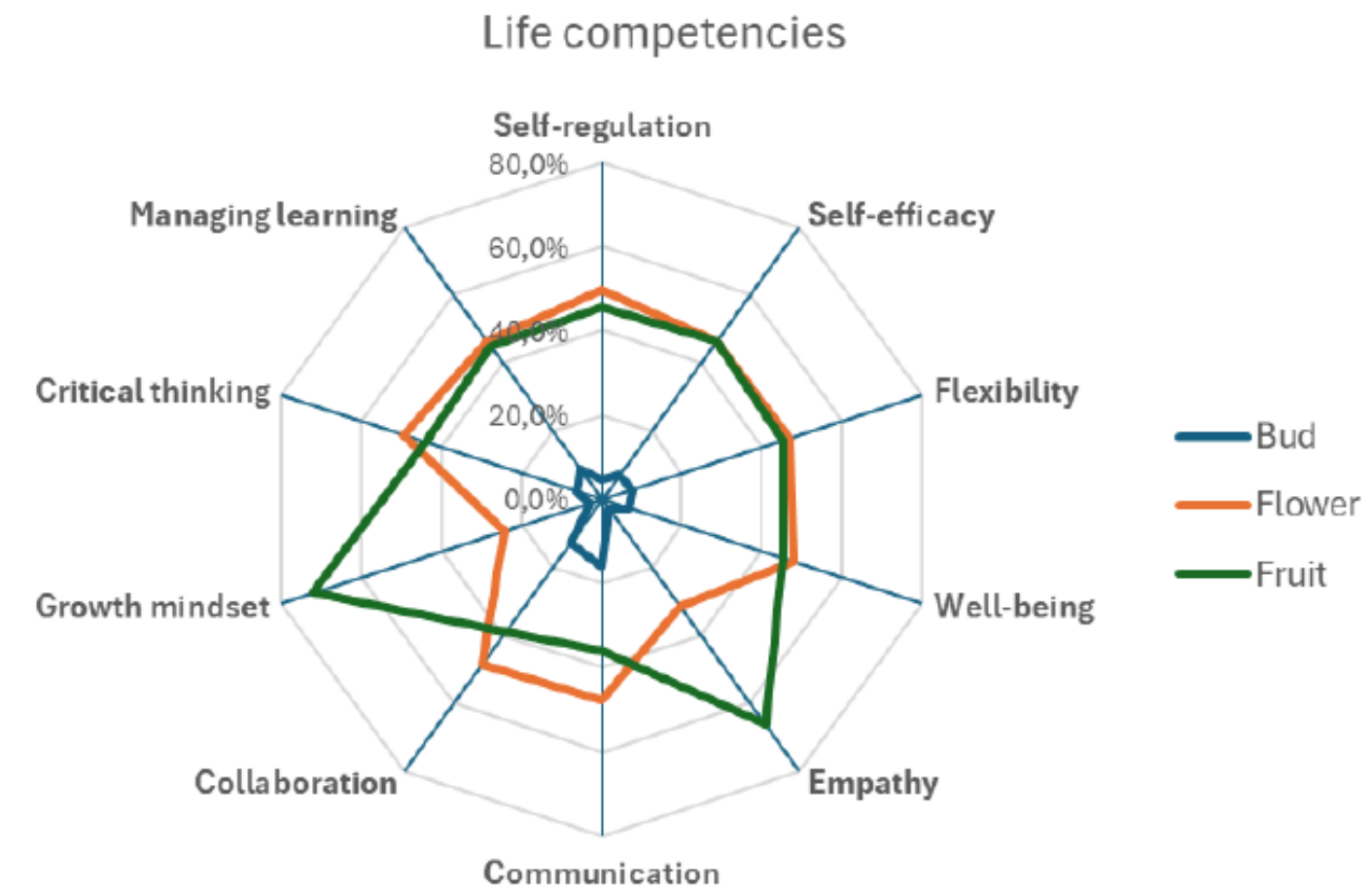
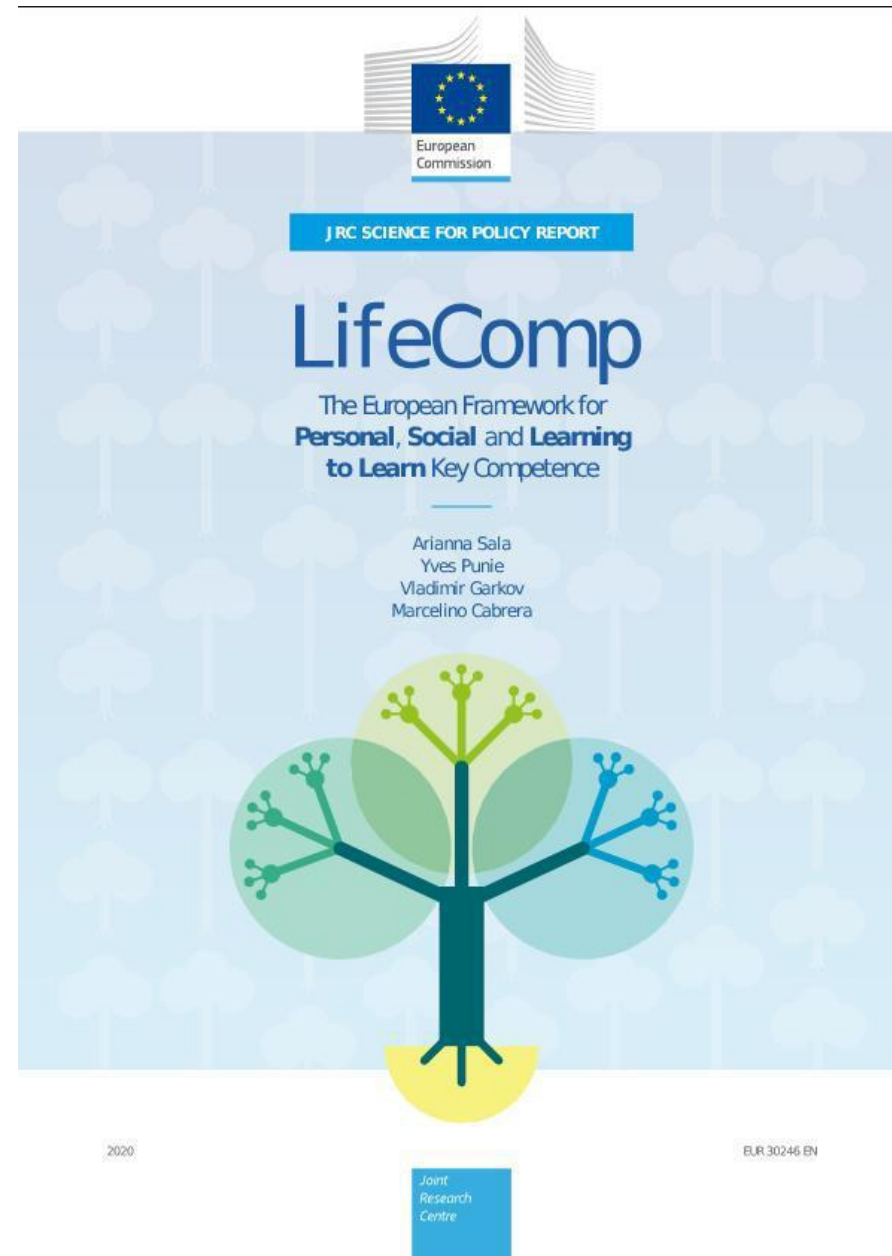


- About 50% of the time is devoted to **teaching** classes (**ATM**<sup>®</sup>) and individual lessons (**FI**<sup>®</sup>)
- 25% of the time is for **personal and professional development**
- Less time is spent on **business organization, association activities, and research/training**
- 31% of the sample even non-associated to any guild

# HOW CONFIDENT ARE THEY IN THEIR SKILLS? (3/3)

## TRANSVERSAL COMPETENCIES

Based on LifeComp EU Framework



### AWARE /MATURITY

- Empathy
- Growth mindset

### DEVELOPING/EXPLORING

- Collaboration
- Communication

**Highly qualified**

**Self-employed**



Their time is **mostly devoted to teaching** and **personal development**

**potentially interdisciplinary professional**, often combining Feldenkrais with other fields (education, healthcare, arts)



Yet facing challenges in **networking, financial confidence, and multidisciplinary collaboration**

While open to learning and innovation, many practitioners work **individually**, with limited integration into broader health systems

With **minimal engagement** in **associations** or **research**